

Annual Report of WDC for 2020-21

1. Fashion Show

As a stress buster during lockdown, online fashion show was held in the month of July 2020.

Students and faculty showed their inclination towards fashion and participated in the show. The best ones are shown in the photos below.



2. Webinar on Financial Management

It was organised on 10-8-2020. Sri.Dhruva Chitradurga Director of Lamico Software Team spoke about the need for financial management. The importance of health care was stressed upon. The speaker highlighted the various methods of savings methods. He emphasized the risk factors involved in them. He also discussed funds available for carryout different research activities. Faculty members attended the webinar and got enlightened about the financial matters. Dr. Mamatha G was the convener.



3. Drawing and Painting Contest

To bring out the creativity in the students Painting and sketching event was conducted in the month of August 2020. Students were happy to display their talent and took part in it. The best ones are shown in the photos below.



4. Rangoli Competition January 2021

Rangoli art forms a part of celebrations of harvest festivals in south India. To encourage appreciation of local culture, Rangoli Competition was organized in the month of January. Students displayed their expertise in this art. The best ones are shown in the photos.



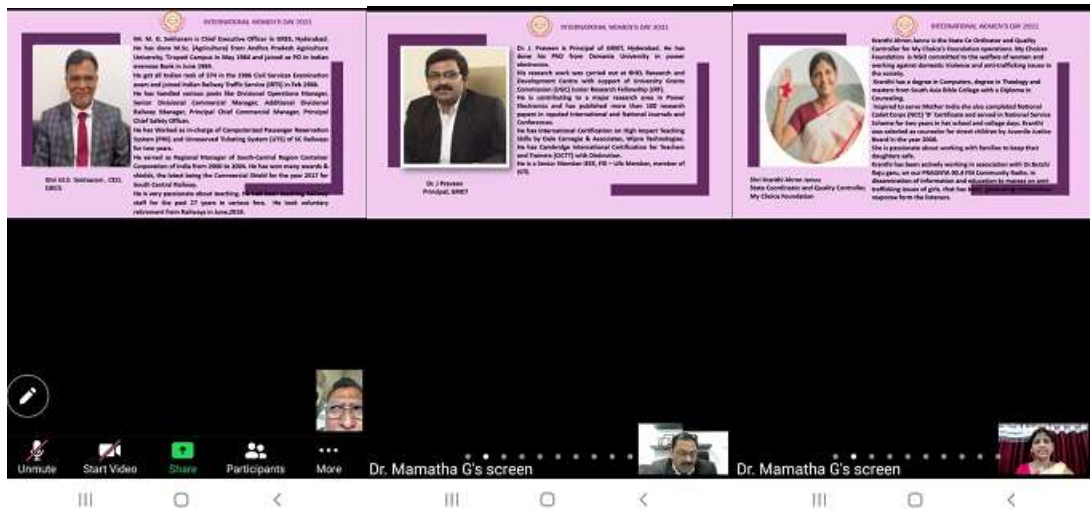
5. Women's Day

International Woman's day is conducted every year on March 8th 2021. The event was conducted for the first time in online mode due to pandemic. Ms, Rekha Asst Professor EEE offered prayer.

Dr. Mamatha G Professor, ECE, WDC Coordinator and Chairperson Women Protection Cell welcomed the dignitaries, staff and students stressing the need of celebration of Women's day. Dr. Y. Vijayalata, Dean GPAAC, Student Branch Counsellor IEEE GRIET SB gave her greetings and encouraged all women colleagues.

Dr. J Praveen Principal, GRIET spoke about multiple roles played by women and pressed the need of support from the family members. Dr. Jandhyala N Murthy Director, GRIET spoke about importance of ladies in the society and offered his greetings. Dr. K S N Raju Senior AO, GRIET rendered speech about the greatness of the role played by women especially mother ending with an emotional song.

Shri M.G Sekharam CEO, GRES spoke about the need of support to be given for women. He also assured all possible support for future programmes related to women employees of GRIET. Ms Kranthi Ahron Jannu is the chief speaker of this occasion. She is State Co Ordinator and Quality Controller for My Choice's Foundation operations. My Choices Foundation is NGO committed to the welfare of women and working against domestic Violence and anti-trafficking issues in the society. She spoke about how to balance the life as a woman at home and at workplace. A total of 48 faculty enthusiastically participated in the event Dr. Sridevi HOD (EEE) Secretary,WIE offered vote of thanks.



6. Rise Above Event

Rise Above was online event conducted in collaboration with CII, IWN Telengana and JNTUH. On 08-3-2021 from 2PM to 4PMB. The Udaya Lakshmi IAS spoke about how she chose IAS, the challenges she faced and her achievements. She also gave piece of advice to students to have good conduct and discipline. Dr.Snehal Deshpande, Director,SNEH spoke how her mother inculcated meditation techniques right from young age and how to practice meditation Ms.Parul Sharma Head-HR, Volvo-Eicher Commercial Vehicles spoke on techniques to be adopted in Professional, financial and personal life. She also answered queries on emotional management and Peer pressure. Dr.Mamatha was one of the panellists.



7. Orientation Program for Women Empowerment Program

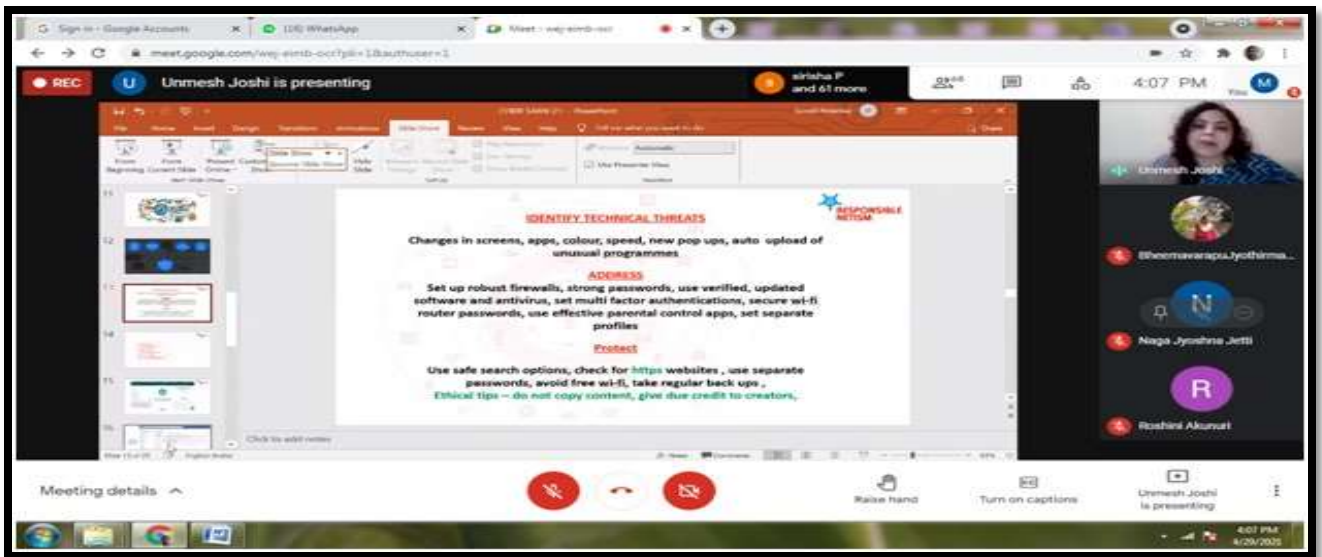
Women Empowerment Program is being is being conducted by ICT Academy and DXC technologies. Hundred and nine women students in third year have registered. The orientation

program was conducted on 31-3-2021 from 2 to 2-45PM. Mentor Dr Prashanthi welcomed the audience after the prayer by Ms. Sai Sudha of III-year IT. Details of the ‘ Training Program’ schedule and the requirements by students were given by Dr.G.Mamatha Program Coordinator. Few students expressed their gratitude. Dr.G.Mamatha thanked profusely ICT Academy and DXC technologies on behalf of GRIET and concluded the meeting.



8. CyberSakhi

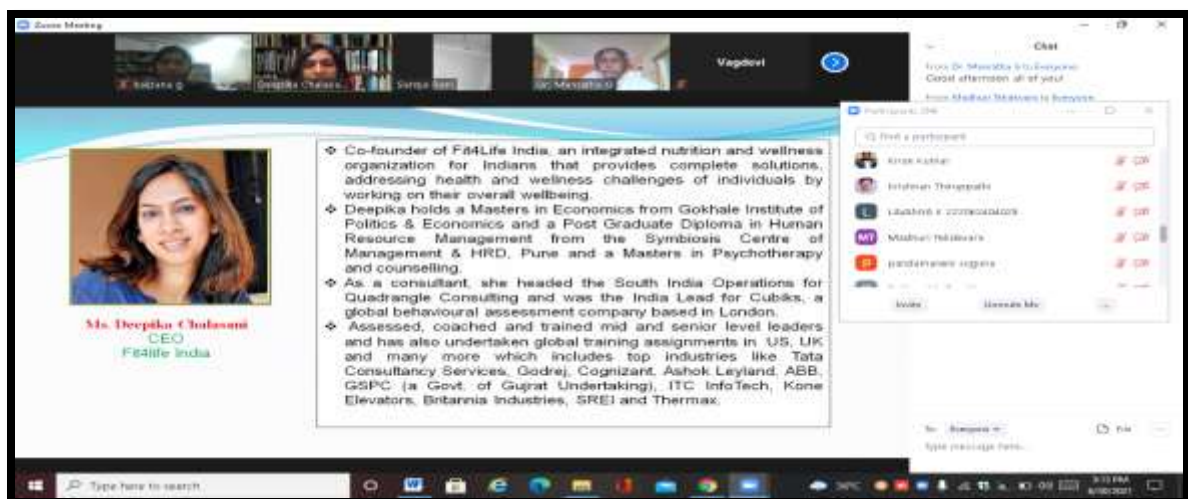
The programme is a unique webinar conducted by Ms.Shilpa Chandolika Trustee of Responsible Netism in association with WDC on 29-3-2021 for female college students so as to foster digital empowerment a safe cyber experience and ensure mental wellbeing in cyber space. The speaker stressed about how to identify technical threats and how to protect ourselves from cyber crimes and also provided judicial crime sections . T.V.Suneetha, CSE Assistant professor was the event coordinator and Dr.Mamatha ,WDC Coordinator was the host. There were eighty participants.



9. Nutrition in Women

WDC of H&S department – GRIE organized a webinar on nutrition in women in collaboration with CII and IWN ON 30th June 2021, for women staff and students in virtual mode. Around 60 women faculty and students have attended this program. The program organizer Dr.G.Mamatha ,WDC Co-ordinator , and the event co-ordinators Mrs.B.Sarojani,Asst.Prof.,H&S,Mrs.G.Kalpana, Asst.Prof.,H&S was entrusted with the task of conducting the program.

In this program, the speaker Mrs.Deepika Chalasani, CEO, Fit4India Life, has given the information about nutritious food, our daily routine food habits and how to maintain balanced diet with respect to persons weight . Finally the session ends with a line that “Good health & immunity is a journey and not a destination”.



Types of meals in India

- Carbohydrate **"Grain"** based Meals



- So called "balanced / Low caloriéd" meals that is loaded with quick digesting Carbs **"Grains"**
- Skipping meals

kalpana g

Tapati

Leave